

**MANCHESTER BOARD OF EDUCATION
HEALTH REQUIREMENTS FOR CLASS OF 2026**

State Mandated Health Assessment

Adolescence is a time of rapid physical, social and emotional development for your student. State statutes require a health assessment by a Healthcare Provider.

PHYSICAL ASSESSMENT FOR CLASS OF 2026

For the present 9th grade, class of 2026, the mandated health assessment must be completed after **January 1, 2022**, as outlined in the revised MPS Policy 5141.3. Students in grade 9 who have a health assessment dated on or after January 1, 2022 will NOT need another assessment to enter 10th grade.

If a class of 2026 student does not have a physical on file in the high school health office by August 1st going into 10th grade, they will not receive a schedule for their sophomore year until a physical form is received.

IMMUNIZATIONS

Parents/guardians are advised to discuss the Adolescent Immunization Schedules with the health care provider to include but not limited to:

Hep B:	3 doses, last dose on or after 24 weeks of age
Tdap/Td:	1 dose for students who have completed their primary DTaP series. Students who start the series at age 7 or older only need a total of 3 doses of tetanus-diphtheria containing vaccine, one of which must be Tdap.
Polio:	At least 3 doses. The last dose must be given on or after 4 th birthday
MMR:	2 doses separated by at least 28 days, 1 st dose on or after the 1 st birthday
Varicella:	2 doses separated by at least 3 months – 1 st dose on or after the 1 st birthday; or verification of disease. 28 days between doses is acceptable if the doses have already been administered.
Hep A:	2 doses given six calendar months apart, 1 st dose on or after the 1 st birthday
Meningococcal:	1 dose

The Connecticut Health Assessment Record (blue form) is available in the school health office, physician office or on the Manchester Board of Education website.

If a student is scheduled for a pre-employment, camp or sports physical, the student or parent should request the health care provider to complete the Connecticut State Health Assessment Record. Sports physicals cannot be accepted as the mandated health assessment. Health Assessments must be on the Connecticut State Health Assessment Record (blue form).

Students having difficulty obtaining a physical due to lack of medical insurance should contact the Husky Plan toll free at 1-877-284-8759.