



May 2017 Elementary Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1 French Toast Sticks Potato Puffs Sausage Links Choice of Fruit	2 Crazy Cheesy Bread Marinara Sauce Roasted Parmesan Green Beans Choice of Fruit	3 <i>Under the Sea</i> Fish Sticks Macaroni & Cheese Steamed Carrots Choice of Fruit 	4 Nacho Supreme Baked Tortilla Chips Taco Meat, Mexican Black Beans Lettuce, Tomato, Salsa & Sour Cream, Cheese Sauce Choice of Fruit	5 French Bread Pizza Garden Salad Choice of Fruit
Alternates: Turkey Sandwich, Yogurt/Bagel Plate, Hummus Plate, Chef Salad				
8 Corn Dog Nuggets Baked Vegetarian Beans Oven Roasted Fries Choice of Fruit	9 Popcorn Chicken Mashed Potato with Gravy Steamed Carrots Choice of Fruit	10 Soft Bread Sticks Meat Sauce Spinach Salad Choice of Fruit	11 Soft Shell Taco Lettuce & Tomato Salsa & Sour Cream Shredded Cheese Refried Beans Choice of Fruit	12 Chicken Nuggets Brown Rice Steamed Green Beans Choice of Fruit
Alternates: Tuna Sandwich, Yogurt/Bagel Plate, Hummus Plate, Chef Salad				
15 Maple Glazed Pancakes Sausage Links Potato Puffs Choice of Fruit	16 Chicken Patty on a Whole Wheat Roll Lettuce & Tomato Green Beans Choice of Fruit	17 Pasta & Meatballs Spinach Salad Choice of Fruit	18 Chicken Nuggets Cheesy Rice & Broccoli Steamed Carrots Choice of Fruit	19 Nacho Supreme Baked Tortilla Chips Taco Meat, Mexican Black Beans Lettuce, Tomato, Salsa & Sour Cream, Cheese Sauce Choice of Fruit
Alternates: Ham & Cheese Sandwich, Yogurt/Bagel Plate, Hummus Plate, Chef Salad				
22 French Toast Sticks Potato Puffs Sausage Links Choice of Fruit	23 Cheese Quesadilla Salsa & Sour Cream Steamed Green Beans Choice of Fruit	24 Low Fat Mozzarella Sticks Marinara Sauce Whole Wheat Pasta Steamed Broccoli Choice of Fruit	25 Chicken Tenders Brown Rice Steamed Carrots Choice of Fruit	26 Pizza Wedge Cheese, Veggie, or Chicken Bacon Ranch Crispy Roasted Chickpeas Choice of Fruit
Alternates: Turkey Sandwich, Yogurt/Bagel Plate, Hummus Plate, Chef Salad				
29 No School  <i>Memorial Day</i>	30 Chicken Patty on Whole Wheat Roll Lettuce & Tomato Steamed Green Beans Choice of Fruit	31 Soft Shell Taco Lettuce & Tomato Salsa & Sour Cream Shredded Cheese Refried Beans Choice of Fruit	Breakfast is offered daily at all schools throughout the district. Please visit http://publicschools.manchesterct.gov	Produce of the Month  Asparagus
Alternates: Tuna Sandwich, Yogurt/Bagel Plate, Hummus Plate, Chef Salad				

Menu subject to change

Please log onto www.ezschoollpay.com to monitor your child's account or call 860-647-3462

Manchester's Message
for a healthier you.



Student Lunch Price: \$2.15 – Reduced Lunch Price: \$.40

Adult Lunch Price: \$3.50

Student Breakfast: \$1.00 – Reduced Breakfast: \$.30

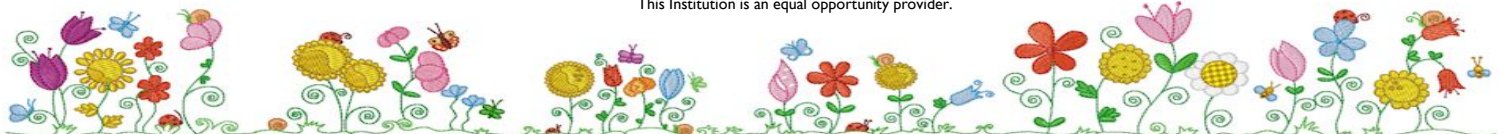
Milk Only: \$.40

Milk is available with all lunches

Daily Milk Choices include: 1%, Skim, & Fat Free flavored

Fruit choices include a variety of fresh, canned, and 100% fruit juice.

This Institution is an equal opportunity provider.



June 2017 Elementary Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Produce of the Month</p> <p style="text-align: center;">Cucumbers</p>			<p style="text-align: center;">1</p> <p>Popcorn Chicken Mashed Potato with Gravy Choice of Fruit</p>	<p style="text-align: center;">2</p> <p>Soft Bread Sticks Meat Sauce Caesar Salad Choice of Fruit</p>
Alternates: Tuna Sandwich, Yogurt/Bagel Plate, Hummus Plate, Chef Salad				
<p style="text-align: center;">5</p> <p>Chicken Nuggets Seasoned Noodles Steamed Carrots Choice of Fruit</p>	<p style="text-align: center;">6</p> <p>Ultimate Cheeseburger Oven Roasted Fries Choice of Fruit</p>	<p style="text-align: center;">7</p> <p>Pasta & Meatballs Roasted Zucchini Choice of Fruit</p>	<p style="text-align: center;">8</p> <p>Breaded Chicken Tenders Roasted Mini Golden Potatoes Steamed Broccoli Choice of Fruit</p>	<p style="text-align: center;">9</p> <p>Pizza Round Cheese or Veggie Crispy Roasted Chickpeas Choice of Fruit</p>
Alternates: Ham & Cheese Sandwich, Yogurt/Bagel Plate, Hummus Plate, Chef Salad				
<p style="text-align: center;">12</p> <p>French Toast Sticks Potato Puffs Sausage Links Choice of Fruit</p>	<p style="text-align: center;">13</p> <p>Crazy Cheesy Bread Marinara Sauce Roasted Parmesan Green Beans Choice of Fruit</p>	<p style="text-align: center;">14</p> <p style="text-align: center;"><i>Under the Sea</i></p> <p>Fish Sticks Macaroni & Cheese Steamed Carrots Choice of Fruit</p>	<p style="text-align: center;">15</p> <p>Nacho Supreme Baked Tortilla Chips Taco Meat, Mexican Black Beans, Lettuce, Tomato, Salsa & Sour Cream, Cheese Sauce Choice of Fruit</p>	<p style="text-align: center;">16</p> <p>Pizza Wedge Cheese, Veggie or Chicken Bacon Ranch Garden Salad Choice of Fruit</p>
Alternates: Turkey Sandwich, Yogurt/Bagel Plate, Hummus Plate, Chef Salad				
<p style="text-align: center;">19</p> <p>Corn Dog Nuggets Baked Vegetarian Beans Oven Roasted Fries Choice of Fruit</p>	<p style="text-align: center;">20</p> <p>Popcorn Chicken Mashed Potato with Gravy Steamed Carrots Choice of Fruit</p>	<p style="text-align: center;">21</p> <p>Pizza Spinach Salad Choice of Fruit</p>		<p>Breakfast is offered daily at all schools throughout the district. Please visit www.mpspride.org</p>
Alternates: Tuna Sandwich, Yogurt/Bagel Plate, Hummus Plate, Chef Salad				
<p>Please join us at for the 2017 Federally Funded Summer Food Service Program. Breakfast and Lunch is provided for children 18 years or younger Free of Charge!</p>				
<p>Robertson & Washington Elementary School June 26, 2017 – August 4, 2017 (No meals served on July 4, 2017) Breakfast: 7:45 am – 8:45 am, Lunch: 11:30 am – 12:30 pm</p>				
<p>Highland Park Elementary School July 10, 2017 – July 28, 2017 Breakfast Only: 7:30 am – 8:30 am, Lunch: 11:30 am – 12:30 pm</p>				
<p>Manchester High School July 10, 2017 – August 4, 2017 Breakfast: 7:30 am – 8:30 am, Lunch: 10:15 am – 12:00 pm</p>				



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